

#### MINISTERO DELL'ISTRUZIONE, DELL'UNIVERSITÀ E DELLA RICERCA ISTRUZIONE **SUPERIORE** ISTITUTO DI

LUIGI EINAUDI - Via Leonida Bissolati, 96 - 26100 CREMONA



Cod. Mec. CRIS00600T - Cod.Fiscale 80003440197 - Tel. 0372 458053/54 - Fax 0372 23238 Web: www.einaudicremona.edu.it - e-mail: info@einaudicremona.it - cris00600t@pec.istruzione.it

> Programma svolto a. s. 2021-2022

Classe: 5 AS

Materia: Lingua Inglese

Docente: Martina Sangiorgi

L'elenco che segue è stato letto dal docente ai delegati della classe

Elenco dei contenuti

# LIBR DI TESTO: Growing into old age, CLITT; Ready for Invalsi Secondo Grado, OUP.

### 1. Language revision

### 2. Dealing with a Handicap

- Learning disabilities Dyslexia, Dyscalculia, Dysgraphia
- DCDs
- Individualized Education Program (IEP)
- Autism, Down Syndrome, Epilepsy

### 3. Facing the Challenge

- Convention on the rights of persons with disabilities
- Children with Special Educational Needs (SEN)
- Education, Health and Care Plan (EHCP)
- The Children and Families Act 2014
- Inclusion in mainstream vs special needs schools

# 4. Growing Old

- Healthy aging
- When does old age begin?
- Staying healthy as you age
- Myths about healthy aging
- Tips for exercising, sleeping well, eating well
- A balanced nutrition
- Menopause and andropause

#### 5. Minor problems of old age

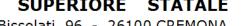
- Depression in older adults and the elderly
- Dementia vs depression in the elderly
- Alcohol and depression in older adults
- Normal memory loss vs dementia
- Sleep needs change with age
- Aging and eyesight changes
- How aging affects skin
- Understanding malnutrition and under-nutrition
- Urinary incontinence
- Age-related hearing problems
- Aging changes in the bones, muscles and joints

### **6.** Major Diseases

- Alzhheimer's disease



#### MINISTERO DELL'ISTRUZIONE, DELL'UNIVERSITÀ E DELLA RICERCA ISTITUTO DI **ISTRUZIONE SUPERIORE** LUIGI EINAUDI - Via Leonida Bissolati, 96 - 26100 CREMONA





Cod. Mec. CRIS00600T - Cod.Fiscale 80003440197 - Tel. 0372 458053/54 - Fax 0372 23238 Web: www.einaudicremona.edu.it - e-mail: info@einaudicremona.it - cris00600t@pec.istruzione.it

- Treatments and FAQ
- Parkinson's disease
- Care settings
- Vision of the movie: Ella and John

# **7. Hot Issues** (with English native speaking teacher)

- Addictions: drugs and alcohol

## 8. UDA Educazione civica

- The European Union: united in diversity; the institutions in the EU.
- UNHCR and the refugees (with English native speaking teacher)

# 9. Conversation class with mother tongue teacher:

Communication at level A2/B1.

Cremona, 31 maggio 2022

Martina Sangiorgi